ALCOHOLICS ANONYMOUS OF CENTRAL KANE COUNTY JUNE 2023

RESOURCES FOR NEWCOMERS AND MEMBERS IN GENERAL

Our national website, <u>aa.org</u>, contains a wealth of information, much in Spanish and French as well as English. You might start with "Is A.A. for you? 12 questions" (https://www.aa.org/assets/en_US/p-3_isaaforyou.pdf). More information for prospective newcomers is at https://www.aa.org/new-to-aa.

The site also includes information on what AA is and what it does and doesn't do:

- * "What Is AA" (https://www.aa.org/what-is-aa) (scroll down to see entire web page)
- * "This is AA" (https://www.aa.org/aa-introduction-aa-recovery-program) (click "View PDF" to read it online)
- * the 2-page fact sheet "Information on Alcoholics Anonymous" what it does and what it doesn't do (https://www.aa.org/information-alcoholics-anonymous)
- * the longer "Frequently Asked Questions about A.A."

 (https://www.aa.org/frequently-asked-questions-about-aa-formerly-44-questions)

Over 100,000 weekly meetings are currently listed on the Meeting Guide app. Download the Meeting Guide app here.

An informative video entitled "Hope" (https://www.aa.org/Hope-Alcoholics-Anonymous) introduces the AA program, what to expect in AA, some basic AA features, anonymity, etc.. At https://www.aa.org/resources/media#video-player there are other general and specialized videos, and, by choosing Filter By / Subject and specifying "For Young People," a user can find videos directed toward younger persons.

Additional information on the program may be found in the book *Alcoholics Anonymous*, which members commonly call the "Big Book." It is available in a vast number of languages. It contains 164 pages of main text, followed by a number of stories of persons who have recovered from active alcoholism through the AA program. This book can be read online for free at https://www.aa.org/the-big-book (scroll down to read it, see it in sign language, or listen to it). It's also available in various commercial e-reader formats (Kindle, NOOK, and Apple through https://www.aa.org/the-big-book#purchase-options, is in all libraries in central Kane County, may be purchased at bookstores for about \$18, and is offered at the Sunday morning Batavia open speaker meeting for about \$12. The Twelve Steps are listed on one page at http://www.aa.org/assets/en_US/smf-121_en.pdf. Discussions of the 12 Steps are found in the smaller book *Twelve Steps and Twelve Traditions* (https://www.aa.org/twelve-steps-twelve-traditions), also available at the Sunday speaker meeting. A book with practical tips to stay away from that "first drink" one day at a time is the 104-page *Living Sober* (about \$6; also available at the Sunday morning meeting).

You may wish to order literature. A list of basic and popular items is also on this website.

Also, the AA *Grapevine* is the international journal of Alcoholics Anonymous. Written, edited, illustrated, and read by AA members and others interested in the AA program of

recovery from alcoholism, the *Grapevine* is a lifeline linking one alcoholic to another. It is a great resource for those new to recovery! For more information, check out the website: https://www.aagrapevine.org.